



Term 1 Week 2

January 3 2020



Dear Parents/Carers,

Welcome back to all our families and welcome to our new students Emily and Jacob. I hope everyone had a wonderful Christmas and New Year with family and friends. It is amazing how quickly the holidays pass us by. All our returning students looked wonderful in their school uniforms last week and were keen to learn. A very positive start to the year.

New Teacher

Last week you may have heard students talking about a new teacher at our school. Mr Lee comes to our school this year to fill the temporary position Mrs L-S left when she retired.

Mr Lee was the successful candidate from an expression of interest process undertaken at the end of last year and over the holiday period. Mr Lee recently moved to the Coffs Coast area from Sydney where he has been teaching since 2016.

He joins us with a diverse range of knowledge and skills that include Stage 1 Language, Literacy and Learning (L3), dance and digital media. He is passionate about student wellbeing and has already established a good rapport with many of the students at Upper Orara Public School. Mr Lee will be working in our school each week from Tuesday through until Friday in various capacities. This includes; teaching Science and Technology in both classrooms, Sport, History and Space & Geometry in 3-6 and Dance for PE. He will also be supporting Stage 1 L3 in the K-2 classroom and will provide additional reading support in the 3-6 classroom.

Mr Lee is very enthusiastic, and I would like to welcome him to the Upper Orara Public School Team.





This term staff would like to hold a barbeque dinner to welcome Mr Lee to our school and community. Prior to this Meet and Greet event we will be holding a short one-hour meeting. We would like to commence the meeting at 4:30pm followed by dinner at 5:30pm. To assist us in determining the best day to hold this event I have attached a short survey to this newsletter. Please indicate your preferred day by numbering 1 to 3, with one being your first choice. Additionally, please indicate your preferred time if the 4:30pm time is not suitable. We will evaluate responses and choose a day and/or time suitable for the majority of people.

Kindergarten 2020

A big welcome goes out to our new kindergarten students and their families. Joey, Aaliyah and Hadleigh started school last Thursday with big smiles on their faces.

Welcome to our Kindergarten Students



Joey



Aaliyah



Hadleigh



Welcome to Jacob and Emily



Jacob



Emily

Small Schools Swimming Carnival

This Wednesday we are holding the Small Schools Swimming Carnival at the Orara Valley Community Pool in Nana Glen. This event is for all students K-6. Please come down to the pool and enjoy the day or part of the day with your child. It is important that all notes and money are returned to the school no later than tomorrow. (Tuesday)

Students successful at this carnival have the opportunity to attend the Orara Valley Swimming Carnival on Friday 14th February.

P & C Funds

Last year when the decision to fold our P & C was made, there was a significant amount of money donated to the school. The final members of the P & C at the time made stipulations about how they would like the money spent. It was decided that \$12000 would be spent on new shade sails over the playground and the remaining money approximately \$6000 would be used to subsidise excursions costs by 20% for each student until a zero balance is reached.



As you may have noticed we have lovely new shade sails over the playground to ensure our students are sun safe. The good news is that the cost of the sails was considerably less than the anticipated cost of \$16000. This has left us with approximately an additional \$4300.

If you have a suggestion about what you would like this money to be used for, please place your idea on a piece of paper and send it to school with your child. We will take your ideas into consideration and make a determination.

Regards

Joanne Goodenough
Principal



Kindergarten first day



Calendar of Events

TERM ONE 2020

FEBRUARY

5 Small Schools Swimming Carnival

OV Swimming Carnival

26 Debating Enrichment Day

28 Clean Up Australia

MARCH

13 Harmony Day Excursion

JOIN THE MIGHTY AXEMEN



2020
REGISTRATION

9th OF FEBRUARY
NANA GLEN POOL
11AM TO 1PM

13th OF FEBRUARY
CORAMBA SPORTS
GROUND

AGE GROUPS
U6 - U16

GIRLS
LEAGUE TAG &
TACKLE



Orara Valley Junior Axemen is a well-established family orientated Junior Rugby League Club welcoming new and existing member registrations for 2020.

Our committee is focused to provide a safe and fun club for all family members. We welcome all to come to our training sessions which start on the 13th of February and run every Thursday weather permitting. From March training is every Tuesday and Thursday. Registration Forms and information is available at the Canteen at Training or you can contact Chris directly on contacts provided. Follow us on Facebook for up to date information.

ORARA VALLEY
JUNIOR AXEMEN

CHRIS KNIGHT
PH. 0487319238

<https://www.facebook.com/groups/oraratomahawks/>

orarajrlfc.committee@outlook.com

CALL NOW TO BOOK YOUR PLACE!
0407 229 953

AUSTRALIA'S #1 NON COMPETITIVE SOCCER PROGRAM

Soccer Fun For Girls & Boys Aged 2 to 12!
8 WEEK SOCCER PROGRAM

<p>Mite-E Soccer (2-3yo) A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment. 35 minute classes \$100 for 8 weeks</p>	<p>Pint Size Soccer (4-5yo) Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size Ivi Big Game! 50 minute classes \$130 for 8 weeks</p>
<p>Intro to Micro (5-6yo) Micro (6-8yo) The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more. Intro - 60 mins \$135 for 8 weeks Micro - 75 mins \$140 for 8 weeks</p>	<p>Micro Plus (8-12yo) This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game! 75 minute classes \$140 for 8 weeks</p>

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COOL & REFRESHING POWER JUICES

Pictured on cover

Orange, carrot & mango juice

Juice 3 to 4 Valencia oranges to make 1 cup of juice. Combine orange juice, 1 medium peeled and chopped carrot, the flesh from 1/2 mango and 1/2 cup of crushed ice in a high-speed blender. Blend until smooth. Pour into glasses and serve (makes 2).

Super-fresh pear, spinach & avocado juice

Place 1 chopped ripe Williams pear, 1 cup of baby spinach leaves, the flesh from 1/2 a small ripe avocado and 1 cup of chilled coconut water in a high-speed blender. Blend until smooth. Pour into glasses and serve (makes 2).

Beetroot, banana & green apple juice

Place 2 small peeled and chopped fresh beetroots, 1 chopped Granny Smith apple, a peeled small ripe banana, 1 cup of chilled coconut water and 1/2 cup of crushed ice in a high-speed blender. Blend until smooth. Pour into glasses and serve (makes 2).

Visit www.freshforkids.com.au for more quick & easy recipe ideas!

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