

DATE	EVENT	COST/TIME
29/5	Eisteddfod	
7/6	School Photos	
15/6	OV Winter Sports Carnival	\$2.00
26/6	OV Athletics	\$2.00
4/7	Reports	
5/7	End of Term Assembly + BBQ Breakfast	

**School Banking**  
is now on  
**TUESDAY!**



[www.oraraupper-p.schools.nsw.edu.au](http://www.oraraupper-p.schools.nsw.edu.au)

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**UPPER ORARA PUBLIC SCHOOL**

Knowledge, Truth and Freedom

**Term 2 Week 5**

**28th May 2018**



### **WELCOME TO WEEK 5**

This term students have been working hard in classrooms and working on their Eisteddfod performance. Just quietly, they sound wonderful.

Over the coming weeks, teachers will be assessing students in readiness for writing Semester 1 reports. We understand that students may be sick from time to time, however it is important that students are at school so they do not miss valuable learning time or assessments.

Thank you to all our volunteers who have been helping in the classroom or around the school. It is very beneficial to both students and staff to have this support. If you would like to help, please contact the school on 66538255.

### **EISTEDDFOD**

Tomorrow is our Eisteddfod performance day. Please make sure students are in the correct uniform. We will be leaving school at 9:45am and returning at 12.30pm. The venue is the Life House Church in Orlando St, Coffs Harbour. Parents and family are encouraged to come along and watch, there is, however a charge at the door.

### **WINTER SPORTS CARNIVAL**

Notes will accompany students home this week for the Winter Sports Carnival. If you do not receive this note this week please check your child's backpack or see Mrs Teale in the office.

### **UNIFORMS**

Some of our students are looking very smart in their new jackets, track pants, shorts and skorts. Shirts and Dresses are yet to arrive. We anticipate their arrival very soon.

### **PROFESSIONAL LEARNING**

For the next few weeks Mrs Clark, Mrs Teale and I will be participating in many training courses, most of which support new programs already in use within the Department and new ones that are being released in the coming weeks. We appreciate your patience as there will be times when the office will be unattended.

### **SCHOLASTIC BOOK FAIR**

Thank you to everyone who supported the Book Fair. We should be able to pick some fabulous new books with the rewards earned.

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## SCHOOL PHOTOS

School Photos are being held on Thursday 7th June. Ordering envelopes were sent home with the students last Thursday. They should be returned on the day with the correct money or an online payment through the photographers website, details of which are on the envelope.

If you would like a sibling photo taken envelopes are available at the office, these need to be separate from the individual envelopes.

## SCHOOL WEBSITE

If you are a user of the school's website you will have noticed that the photos and newsletters have gradually been deleted from this page. This is because the Department is creating new look websites that whilst some of the content will be school specific all school websites will have a uniform look right across the Department.

## SIMULTANEOUS READING

Last Wednesday, K-6 students and our Orara Valley Preschool students gathered to listen to simultaneous storytime at 11am. The book shared with students this year was titled *Hickory Dickory Dash!* The students listened very attentively and were very inquisitive about the book.



## STUDENTS OF THE WEEK

Bryce (Yr K-2) and  
Poppi-Anna (Yr 3-6)

Bryce receives his award for  
"Trying hard to work  
independently in writing."

Poppi-Anna receives her award for  
"Doing a great job assisting  
with the choir."

Congratulations Bryce and  
Poppi-Anna!



Haylee



## BUG WATCH

On Thursday, Years 3-6 walked to the creek behind the school to carry out the Autumn Bug Watch Audit.

First we observed the area and wrote down what we could see, hear and smell. Then we sketched the area our group was in and then we started catching bugs with nets, small magnifying boxes and a milk carton that was attached to a rope. Then we walked back up to school. Our observations found that the creek is in a FAIR state.

By Haylee, Indiana and Arabella.



Nutrition Snippet

## The simplest way

...to whip up a healthy dip or sauce.

Whether you're lunch box prepping over the weekend or looking for the perfect healthy snack for entertaining, our Healthy Lunch Box website [healthylunchbox.com.au](http://healthylunchbox.com.au) has quick and easy sauce and dip recipes.

Try our minty yoghurt dip, kale and basil pesto, hummus or tasty guacamole for a tasty snack or sandwich spread.

### Minty Yoghurt Dip recipe

#### Ingredients

8 tbsp plain reduced-fat yoghurt  
1 lemon, juiced  
½ clove garlic, crushed  
¼ bunch mint leaves, finely chopped  
Pinch of salt

#### Method

Place all ingredients in a bowl and mix together.  
Variation – add finely diced cucumber for a refreshing crunch.



For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

