## Newsletter

Upper Orara Public School community acknowledge the traditional custodians of the Gumbaynggirr land on which we stand and pay our respect to the elders past, present and emerging.

18 March 2024

### **Upper Orara Public School**

Week 8 Term 1



### From the Principal's Desk

### Good Morning,

I hope you have a wonderful start to this week. There are a few things happening in our school at the moment.

Last week, years 3 and 5 participated in the NAPLAN Writing and Reading assessments. Tomorrow these students will participate in the Language Conventions and Numeracy NAPLAN assessments.

Don't forget we will be holding our annual Easter hat parade on Thursday 28 March, commencing at 9:10am. We hope you can join us and stay for the hot cross bun morning tea that will follow this event. I know everyone is busy making their fancy Easter hats, including parents and preschoolers. Looking forward to catching up with everyone then.

### At a Glance

### MARCH

- 21 Harmony Day (Woolgoolga)
- 28 Easter Hat Parade and morning
- 29 Good Friday (public holiday)

### **APRIL**

- 1 Easter Monday (public holiday)
- 9 Orara Valley Cross Country
- 11 End of Term 1 Assembly

### End of Term 1 Assembly

Term One assembly will take place on Thursday April 11, commencing at 9.10am.

Please come along to celebrate our students achievements, everyone is welcome.



### **ATTENDANCE**

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- Being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance
   e.g. attending a funeral.

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

If you have not provided a reason for an absence by 10.00am you will receive an SMS from Compass. Use the link in the message to complete and save the reason for the absence. If you are not receiving the message from Compass please alert the school and we will remedy the situation.



### Easter Raffle

Thank you to the families who have already contributed to our Easter raffle, we appreciate your generosity. Thank you to the families who have sold and returned their book of tickets. Please ensure all books are returned, sold or unsold. The raffle will be drawn at our Easter Hat Parade and morning tea on Thursday March 21.

There are extra tickets at the office if you are able to sell more than a book of 10.





This Thursday the whole school will travel to Woolgoolga for Harmony Day. Please return notes and money to the office as soon as possible.

Students are reminded they need to wear school uniform on the day and will also require a scarf to cover their heads while they are in the temple.



Jaxen received his award for a fantastic start to kinder learning.



Myah received her award for working well in both literacy and numeracy.

Student of the Week

Term 1 Week 8



Luna received her award for her wonderful narrative writing.



Will received his award for working well with others.

### Positive Behaviour Learning (PBL)

For Week 8 and Week 9 our focus for PBL will be, using manners and moving sensibly around the school.

Week 10 and Week 11 will focus on doing your personal best and making positive choices.



### Debating

On March 12 Stage 3 went to Nana Glen for a Debating Workshop. At the beginning we did a lot of ice breakers to get to know each other, then we debated. Mine and Lily's teams won. It was fun and we all enjoyed it. Myah



# School Community Charter



### Collaborative. Respectful. Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

We treat each other with respect

### What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



### **Positive environments**

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and informative.
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We prioritise the wellbeing of all students and staff

Unsafe behaviour

is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



We create collaborative learning environments

We all play a part We work in partnership to promote student learning

### Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: <a href="mailto:education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students">education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students</a>

### Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

### Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability
- Inappropriate and time wasting communication.









### NSW GOVERNMENT

### **NSW Department of Education**

### Behaviour code for students

### Information for students and parents or carers

NSW public schools are committed to providing safe, supportive, and responsive learning environments for everyone across a range of settings. We teach and model the inclusive and safe behaviours we value in our students.

### In NSW public schools students are expected, to the best of their ability, to:

- show respect to other students, their teachers and school staff and community members
- follow school and class rules and follow the directions of their teachers
- strive for the highest standards in learning
- act in a courteous and respectful way that makes all members of the school community feel valued, included and supported
- resolve conflict respectfully, calmly and fairly
- meet the school's agreed uniform policy or dress code
- attend school every day (unless legally excused)
- respect all property
- be safe and not be violent or bring weapons, illegal drugs, alcohol, vapes,
   e-cigarettes or tobacco into our schools
- not bully, harass, intimidate, or discriminate against anyone in our schools.

Schools take action in response to behaviour that is detrimental to self or others or to the achievement of high-quality teaching and learning.

### All students have a right to:

- safety at school
- · access and fully participate in their learning
- be treated with respect by other students, teachers and school staff
- express their views, set goals and selfadvocate

The principal and school staff, using their professional judgment, are best placed to maintain discipline and provide safe, supportive and responsive learning environments and apply an appropriate action when students are not meeting these expectations. The department is responsible for the provision of a policy framework and resources such as legal issues bulletins, access to specialist advice, and professional learning to guide principals and their staff in exercising their professional judgment. In this context, the NSW

Government and the Department of Education will back the authority and judgment of principals and school staff at the local level.

#### Behaviour code for students: Student actions

Promoting the inclusion, learning, wellbeing, and safety of all students in NSW public schools is a high priority for the Department of Education.

We implement teaching and learning approaches across a range of settings to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

To meet the expectations set out above, students in NSW public schools, to the best of their ability, should adhere to the following principles.

#### Respect

- Treat one another with dignity.
- · Communicate and behave courteously.
- Act and work cooperatively with other students, teachers, and school staff.
- Develop positive and respectful relationships.
- Value the interests, ability and culture of others.
- Respect the learning needs of other students.
- Dress appropriately by wearing the agreed school uniform or dress code.
- Take care with school property and the property of staff and other students.

### Safety

- Model and follow school and class rules and expectations around behaviour and conduct.
- Negotiate and resolve conflict.
- Be aware of and take responsibility for how their behaviour and actions impact others.
- Care for self and others.
- Be safe and help others to make safe choices that do not hurt themselves or others.

#### Engagement

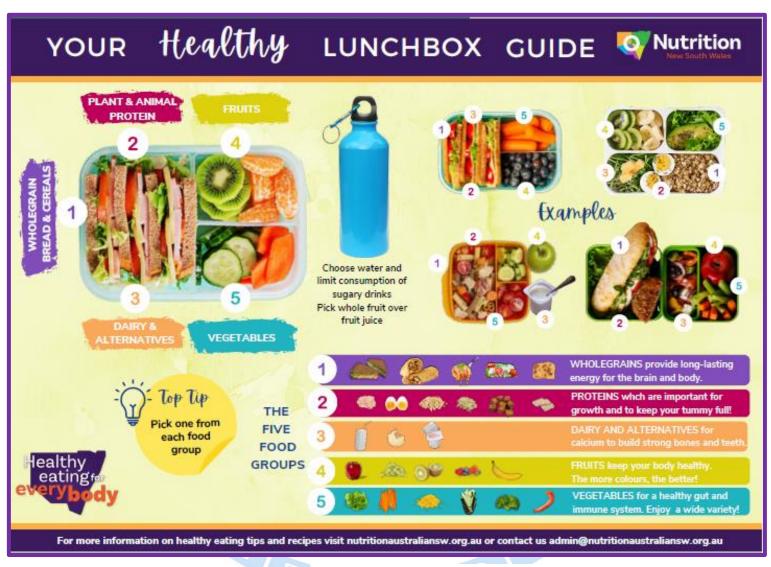
- Arrive at school and class on time.
- Be prepared for every lesson.
- · Actively participate in learning.
- Aspire and strive to achieve the highest standards of learning.

### Nutrition and Learning

Nutrient-rich foods help support cognitive functions, memory, and concentration, which are fundamental for learning. Improved Concentration: A well-fed child is more likely to concentrate better in class. Regular meals, especially breakfast, can significantly impact a child's ability to focus on their studies.

www.nokidhungry.org

10 Nov 2023



## Vegetable and Ham Fritters



### 9 Ingredients

- ① 1 small carrot, grated
- ① 1 small zucchini, grated
- ① 1/4 cup frozen corn kernels
- 1 tbsp chopped fresh flatleaf parsley leaves
- 1/3 cup grated reduced-fat cheddar cheese
- 50g shaved ham, chopped
- ① 2 eggs, lightly beaten
- ① 1/2 cup plain flour
- ① 3 tsp vegetable oil
- Select all ingredients

### 2 Method Steps

### Step 1

Combine carrot, zucchini, corn, parsley, cheese, ham, eggs and flour in a bowl.

#### Step 2

Heat 1 teaspoon oil in a frying pan over medium heat. Add 1/4 cup carrot mixture. Using a spatula, flatten slightly. Repeat to make 2 more fritters. Cook for 2 minutes each side or until golden and cooked through. Transfer to a plate lined with paper towel. Repeat with remaining oil and carrot mixture to make 8 fritters. Cool. Refrigerate in airtight containers or snap-lock bags. Serve.

### Term 1 2024 Calendar

Week 2		6	7	8	9
Week 3		13	14	15	16 OV SWIMMING CARNIVAL
Week 4	19	20	21 LEADERSHIP ASSEMBLY 9:15AM	22 CHDPSSA SWIMMING CARNIVAL	23
Week 5	26	27	28	29	1 March CLEAN UP AUSTRALIA DAY
Week 6	4	5	6	7	8
Week 7	11	12 Debating workshop NGPS	13 NAPLAN	4 NAPLAN	15 NAPLAN
Week 8	18	19 NAPLAN	20 NAPLAN	21 NAPLAN HARMONY DAY	22 NAPLAN
Week 9	25	26	27	28 Easter Hat parade and morning tea	29 GOOD FRIDAY Public Holiday
Week 10	1 EASTER MONDAY Public Holiday	2	3	4	5
Week 11	8	9 OVLC Cross Country	10	11 End of Term Assembly	12